REGION II MENTAL HEALTH BOARD November 8, 2012

State Office Building Third Floor Conference Room

The meeting was called to order at 1:33 p.m. by Board vice chair Chris Goetz.

Present: (Board members are in bold, ex-officio members are italicized) Steve Button, Chris Goetz, Vicki Malone, Darrell Keim, Marsha Wilson, Ron Beecher, Dean Allen, Beverly Fowler, Lisa Martin, Melissa Anstine, Jennifer Griffis, Dana Boyd, Jim Crowley, Randy Davis, Deborah Lind

--Welcome and Introductions:

- **--Approval of October 2012 Minutes:** Motion to approve by Steve Button and seconded by Marsha Wilson. Minutes were approved.
- **--Board member nomination committee:** Vicki Malone has reapplied, Chris Goetz has reapplied and John Allen has applied. A letter of support was submitted for Jennifer Griffis to be on the State Planning Council. Steve Button made a motion and Randy Davis seconded for the board to support her nomination.
- --CMH data update—Vicki: Adult mental health continues to grow and gets regular requests from judges to complete assessments for the courts. One of the issues that they are facing is that they are finding that they are deeming people to be competent and then they are awaiting court in jail where they often are not taking their medications at which time they decompensate. The mental health courts continue to grow and they are in support of assisting the participants and the program. They have many clients that they were providing medications to who now do not need to access H&W for their medications as they are getting assistance from other areas. They are re-evaluating their intake process and looking at discharging a client if they receive a new intake. They are down two positions in Adult Mental Health due to reallocations of money which aren't expected to be filled.
- **--MH/SUD Service impact survey update—Diana and Eleanor** Not present however in an e-mail Eleanor reported that: "We are on schedule for survey and everything is falling into place. The presentation is still scheduled for December and an executive summary—full report in January before the start of legislature."
- **--Updates on Tele-mental health project—Randy Davis** They are getting referrals slowly but they are moving forward. They are recruiting physicians and have 4 that they are interviewing. They are mainly experienced with treating adults but one has some familiarity with children. They hope to recruit 3 physicians and already have 3 Nurse Practitioners on board.
- **--Report on CMH subcommittee development—Steve/Darrell-** Brian Pope, Darrell Keim and Steve Button met and discussed whether or not it would be useful to establish a standing subcommittee on Children's Mental Health and if so, what functions it might serve. They do feel that there is a need to establish a committee or other entity and suggested it's use for the following:
- Gather data/information regarding what services currently exist for children's MH in the region and determine what gaps there are, effectiveness of current services and recommendations for improved programs and service delivery

- Regularly report to the MH Board current issues, trends, services and needs regarding CMH in Region II
- Assist the Board in prioritizing needs for CMH to inform the Board's requests to the governor and the state
- Monitor how managed care will affect service delivery to children and families and report findings/recommendations to the Board.

The following is a suggested list of stakeholders from throughout the Region who would meet monthly and report to the MH Board:

Schools/Education, Private Providers, Department of Juvenile Corrections, DHW/CMH providers/Child Protection, Parent Advocate, Developmental Disabilities, Northwest Children's Home They also discussed involving groups like the Youth Advocacy Councils, Human Needs Council and other similar groups. Jennifer Griffiths also discussed having Federation of Families and adoption groups be included and Ron Beecher suggested including Tribal mental health representatives as well. They also discussed including a college/university student who might work with the subcommittee to assist in their duties. Vicki Malone confirmed that limited funds would be available to assist with travel costs, etc.

--BHIC reports—Teresa & Vicki: No report given.

- Suicide Prevention Hotline- Steve Button- The hotline will be up and running soon but they have had delays due to the protocols and procedures being approved by the National Suicide Prevention Hotline. They expect to be running by November 26, 2012. They are using the ASSIST program to train several people but they can only train 20 people at a time. The next training starts in February. They will have hours Mon-Thurs 8-5 and in February 2013 they will be open on Friday 8-5 as well. They will incrementally add more hours and by February 2014 they will be open 24 hours 7 days a week. If calls come in after hours it will be forwarded to the National Suicide Prevention hotline. They are trying to raise more money to be funded for the first two years. The call center will be in Boise.
- --Mental Health updates adult/youth- Vicki- Vicki reported that she was on a conference call early this week and was informed that there was a float at the Orofino homecoming parade in which a man was wearing a strait jacket with a ball and chain around his ankle. This caused some concern amongst various groups. She will look into this to determine if this did take place as others report seeing the float but not a man with a straight jacket on. Vicki reported that Syringa Hospital is struggling to meet child psychiatry needs due to not having Dr. Pines.
- **--State Hospital Report: Ken-** Ken was not present however the dashboard that was provided showed that the admissions year to date is 99 and the discharges year to date is 99. In October the cost per Patient Day was \$302 with a year to date of \$338 per day.
- --Mental Health Courts Lisa Martin Nez Perce County has 10 participants, Clearwater County has 2 participants and there are 5 participants in Latah County. The capacity for Latah County is 10. All three counties also have pending referrals to the program. They have a state drug court coordinator will be coming up next week and they will be discussing the drug courts and mental health courts. They have not discussed what will happen if the emergency fees are not renewed.
- --RAC report Beverly Fowler At their meeting yesterday Corynn Johnson from Region 1 spoke. In Region 1 they have a Mental Health board meeting every month and a RAC meeting every other month. They now are meeting together every other month and also are meeting together for sub committees. It is suggested that the Region 2 Mental Health board and RAC look into doing

something similar in order to work together. The GAIN-I assessment that providers use can take up to 5 hours but they now are able to use the GAIN-Core which is less lengthy. The GAIN-I can be administered if it is requested. There is a Saboxen recall as the pill form can be easily abused and the sublingual form will be used in its place. However, Bev reports that the sublingual has also been reported to be easily abused. It is also drug testable and can show up on drug panels. Kathy Skippen reported that they are looking at opening a pilot project for school aged children, non-criminal adult client/mental health population as well as the misdemeanor client. The rule re-writes will be presented to the board and included many to help with the re-writes. In Spring 2013 a WITS training will be held.

Discussion was held on The Region 2 MHB meeting with the RAC when they adjourn in January. Ron Beecher suggests that both boards work together ahead of time to come up with an agenda. Dean Allen suggested that the RAC delay their meeting on the 2nd to join the RMHB meeting in order to talk about the Affordable Health Care Act which should be implemented in the beginning of January.

--New issues/ concerns- Chris Goetz-CIT training is occurring next Tuesday and they have 20 people attending but only from Clearwater and Nez Perce Counties. They have approached all of the law enforcement agencies with little interest.

Darrell Keim- reported that they are continuing their work on the Lewiston Children's Mental Health Coalition. Liz and Darrell are presenting to the Latah County Rotary club, human rights coalition and NAMI to discuss their findings of the pilot program of teaching students about mental health issues. Liz has made contact with Orofino and Lapwai to talk to them about this program and Darrell and Liz will be attending the school board meeting Monday night to present it to them.

Jennifer Griffis- reported that the Board needs to recognize that they have extreme needs in the rural counties. There are kids whose mental health issues come from their past and that Parenting with Love and Limits does not work with this type of population due to their attachment issues. She encourages this region to be proactive with working with adopted children and bring more resources to help with this issue.

--Next Meeting: December 13, 2012

Meeting adjourned at 2:45 p.m.

- -- Thank you all and please submit your meeting Travel Forms
- --Website: http://healthandwelfare.idaho.gov/, and our Regional board link http://healthandwelfare.idaho.gov/Medical/MentalHealth/RegionalMentalHealthBoards/Region2MentalHealthBoard/tabid/686/Default.aspx